



## **47<sup>th</sup> Journée des Jeunes Espoirs (JJE)**

24<sup>th</sup>, 25<sup>th</sup> and 26<sup>th</sup> October 2025

### **RULES and REGULATIONS of the 47<sup>th</sup> Journée des Jeunes Espoirs**

1. The 47<sup>th</sup> Journée des Jeunes Espoirs is organized by the Swimming Club Le Dauphin Ettelbruck and will be held under the rules of World Aquatics (AQUA) and the Luxembourg Swimming Federation (FLNS).
2. Any swimmer who is member of a team or National Federation, registered with AQUA, may participate. However, an athlete may only swim for one club.
3. The competition will take place at the pool of the Lycée Technique Ettelbruck. The address is 71, Avenue Lucien Salentiny, 9080 Ettelbruck, Luxembourg.  
The pool is 25m long and has 5 lanes, SWISS TIMING electronic time keeping system, Omega OSB11 starting blocks with backstroke ledges and an electronic scoreboard. Live results of the competition will be published on the internet ([www.scde.lu](http://www.scde.lu)).
4. The age categories per year of birth (YOB) are:

KIDS:	2017 & younger
YOUNGSTERS:	2016, 2015, 2014 & 2013
TEENAGERS:	2012 & 2011
OLDIES:	2010 & older
5. Entry-forms should be sent no later than Friday, 17<sup>th</sup> October 2025 by email in LENEX file (available on [www.scde.lu](http://www.scde.lu)) to the attention of:  
[max@beckers.lu](mailto:max@beckers.lu) and [mireillezimmer.scde@gmail.com](mailto:mireillezimmer.scde@gmail.com)
6. The entry-fees are 6€ per event. There will be no refunds for absent swimmers.  
No replacements or additions will be accepted after the entry deadline.  
Entry-fees must be paid by Friday, 17<sup>th</sup> October 2025 to the following bank account:

Swimming Club le Dauphin Ettelbruck

IBAN LU08 1111 0521 2233 0000 (Bank Code: CCPLLULL)

Reference: JJE 2025 & name of your Club.



7. Prizes

- KIDS medal for each participant
- YOUNGSTERS medal for the first 3 swimmers (per YOB) of each event
- TEENAGERS medal for the first 3 swimmers of each event
- OLDIES money prize for the 5 swimmers (women & men separated) having the most points:

1st: 50€, 2nd: 40€, 3rd: 30€, 4th: 20€, 5th: 10€.

In each event, points are allocated to the first 5 swimmers (1st: 10 pts, 2nd: 8 pts, 3rd: 6 pts; 4th: 5 pts; 5th: 4 pts). The total number of points collected by a swimmer across all his races will be taken into account. In the case that two or more swimmers have the same number of points, individual placing will be considered.

To obtain medals or money prizes, swimmers must be present at the victory ceremonies.

8. Each club is requested to bring officials to ensure that the competition can take place.
9. If necessary, the SCDE may modify the time-schedule, cancel any scheduled breaks and ask clubs to reduce the number of entries should the meeting be oversubscribed. Information about possible changes will be provided in due time.
10. SCDE receives the right to swim the following events with 2 swimmers per lane if the total number of entries require this to allow everybody to compete:
- a. on Friday: 800m and 1500m freestyle
  - b. on Saturday: 100m and 200m freestyle
  - c. on Sunday: 200m and 400m freestyle.
- In the case events will be swum with 2 swimmers per lane, there will be manual times.
11. Lunch for Saturday and Sunday can be ordered for 13€ and includes pasta, salad, fruit and a drink. Please order lunch by Friday 17<sup>th</sup> October 2025.
12. The competition will be covered by photographers and cameras. By registering you allow SCDE to cover the event and publish material on their website, YouTube and/or other social media.
13. The Swimming Club Le Dauphin Ettelbruck denies all responsibility for theft, accidents or damage of any kind.

Swimming Club Le Dauphin Ettelbruck



<b>Friday session 1:</b>				
<b>Warm up: 17:15 – 18:05</b>				
<b>Start of session: 18:15</b>				
		2013	2011 & 2012	2010 & older
1	1500 m Freestyle W		X	X
2	1500 m Freestyle M		X	X
3	800 m Freestyle W	X	X	X
4	800 m Freestyle M	X	X	X

<b>Saturday session 2: KIDS &amp; YOUNGSTERS</b>						
<b>Warm up: 8:00 – 9:20</b>						
<b>Start of session: 9:30</b>						
		2017 & younger	2016	2015	2014	2013
5	200 m Freestyle W		X	X	X	X
6	200 m Freestyle M		X	X	X	X
7	50 m Freestyle W & M	X				
8	100 m Freestyle W		X	X	X	X
9	100 m Freestyle M		X	X	X	X
10	50 m Backstroke W & M	X				
11	50 m Backstroke W		X	X	X	X
12	50 m Backstroke M		X	X	X	X
13	200 m Breaststroke W		X	X	X	X
14	200 m Breaststroke M		X	X	X	X
15	50 m Breaststroke W & M	X				
16	100 m Breaststroke W		X	X	X	X
17	100 m Breaststroke M		X	X	X	X
18	100 m Butterfly W		X	X	X	X
19	100 m Butterfly M		X	X	X	X
20	50 m Butterfly W		X	X	X	X
21	50 m Butterfly M		X	X	X	X

<b>Saturday session 3: YOUNGSTERS</b>					
<b>Warm up starts 30 min after end of session 2</b>					
<b>Start of session: 1h30 after end of session 2</b>					
		2016	2015	2014	2013
22	50 m Breaststroke W	X	X	X	X
23	50 m Breaststroke M	X	X	X	X
24	200 m Backstroke W	X	X	X	X
25	200 m Backstroke M	X	X	X	X
26	100 m Backstroke W	X	X	X	X
27	100 m Backstroke M	X	X	X	X
28	50 m Freestyle W	X	X	X	X
29	50 m Freestyle M	X	X	X	X
30	200 m Ind Medley W	X	X	X	X
31	200 m Ind Medley M	X	X	X	X
32	100 m Ind Medley W	X	X	X	X
33	100 m Ind Medley M	X	X	X	X

After event 21: Lunch break & medal ceremonies

After event 33: Medal ceremonies

<b>Sunday session 4: TEENAGERS &amp; OLDIES</b>			
<b>Warm up: 8:00 – 9:20</b>			
<b>Start of session: 09:30</b>			
		2011 & 2012	2010 & older
34	100 m Freestyle W	X	X
35	100 m Freestyle M	X	X
36	200 m Butterfly W	X	X
37	200 m Butterfly M	X	X
38	100 m Ind Medley W	X	X
39	100 m Ind Medley M	X	X
40	200 m Backstroke W	X	X
41	200 m Backstroke M	X	X
42	100 m Breaststroke W	X	X
43	100 m Breaststroke M	X	X
44	400 m Ind Medley W	X	X
45	400 m Ind Medley M	X	X
46	400 m Freestyle W	X	X
47	400 m Freestyle M	X	X
After event 47: Lunch break & medal ceremonies TEENAGERS			

<b>Sunday session 5: TEENAGERS &amp; OLDIES</b>			
<b>Warm-up starts 30 min after end of session 4</b>			
<b>Start of session: 1h30 after end of session 4</b>			
		2011 & 2012	2010 & older
48	200 m Freestyle W	X	X
49	200 m Freestyle M	X	X
50	200m Ind Medley W	X	X
51	200m Ind Medley M	X	X
52	100 m Butterfly W	X	X
53	100 m Butterfly M	X	X
54	200 m Breaststroke W	X	X
55	200 m Breaststroke M	X	X
56	100m Backstroke W	X	X
57	100m Backstroke M	X	X
58	50 m Freestyle W	X	X
59	50 m Freestyle M	X	X
60	4 x 50 m Medley W	OPEN	
61	4 x 50 m Medley M	OPEN	
After event 61: Medal ceremonies TEENAGERS & prize ceremonies OLDIES			