

48th Journée des Jeunes Espoirs (JJE)

17th and 18th October 2026:

Part 1 for TEENAGERS & OLDIES

24th and 25th October 2026:

Part 2 for KIDS & YOUNGSTERS

RULES and REGULATIONS of the 48th Journée des Jeunes Espoirs

1. The 48th Journée des Jeunes Espoirs is organized by the Swimming Club Le Dauphin Ettelbruck and will be held under the rules of World Aquatics (AQUA) and the Luxembourg Swimming Federation (FLNS).
2. Any swimmer who is member of a team or National Federation, registered with AQUA, may participate. However, an athlete may only swim for one club.
3. JJE will be organised in 2 parts. The competition will take place at the pool of the Lycée Technique Ettelbruck. The address is 71, Avenue Lucien Salentiny, 9080 Ettelbruck, Luxembourg.
The pool is 25m long and has 5 lanes, SWISS TIMING electronic time keeping system, Omega OSB11 starting blocks with backstroke ledges and an electronic scoreboard. Live results of the competition will be published on the internet (www.scde.lu).

NOTE: the 400m freestyle event on Saturday 24th October 2026 during Part 2 is an FLNS Avenir event and is open only to FLNS licensed boys born 2014 and younger and to FLNS licensed girls born 2015 and younger.

4. The age categories per year of birth (YOB) are:

KIDS:	2018 & younger
YOUNGSTERS:	2017, 2016, 2015 & 2014
TEENAGERS:	2013 & 2012
OLDIES:	2011 & older
5. Entry-forms should be sent no later than Friday, 9th October 2026 for JJE Part 1 and Friday, 16th October 2026 for JJE Part 2 by email in LENEX file (available on www.scde.lu) to the attention of:

max@beckers.lu and mireillezimmer.scde@gmail.com

6. The entry-fees are 6€ per event. There will be no refunds for absent swimmers. No replacements or additions will be accepted after the entry deadline. Entry-fees must be paid for each Part before the start of the respective to the following bank account:

Swimming Club le Dauphin Ettelbruck

IBAN LU08 1111 0521 2233 0000 (Bank Code: CCPLLULL)

Reference: JJE 2026 – Part 1 / 2 & name of your Club

7. Prizes

- KIDS medal for each participant
- YOUNGSTERS medal for the first 3 swimmers (per YOB) of each event
- TEENAGERS medal for the first 3 swimmers of each event
- OLDIES money prize for the 5 swimmers (women & men separated) having the most points:

1st: 50€, 2nd: 40€, 3rd: 30€, 4th: 20€, 5th: 10€.

In each event, points are allocated to the first 5 swimmers (1st: 10 pts, 2nd: 8 pts, 3rd: 6 pts; 4th: 5 pts; 5th: 4 pts). The total number of points collected by a swimmer across all his races will be taken into account. In the case that two or more swimmers have the same number of points, individual placing will be considered.

To obtain medals or money prizes, swimmers must be present at the victory ceremonies.

8. Each club is requested to bring officials to ensure that the competition can take place.
9. If necessary, the SCDE may modify the time-schedule, cancel any scheduled breaks and ask clubs to reduce the number of entries should the meeting be oversubscribed. Information about possible changes will be provided in due time.
10. SCDE reserves the right to swim the freestyle events with 2 swimmers per lane if the total number of entries require this. In this case there will be manual times.
11. The competition will be covered by photographers and cameras. By registering you allow SCDE to cover the event and publish material on their website, YouTube and/or other social media.
12. The Swimming Club Le Dauphin Ettelbruck denies all responsibility for theft, accidents or damage of any kind.

Swimming Club Le Dauphin Ettelbruck



Schedule Session No. 1 - 17 October 2026

17/10/2026 - 13:30

Warmup: 12:00 until 13:20

1.	400m Medley	Women	Timed Final	13 +	no entries	-
2.	400m Medley	Men	Timed Final	13 +	no entries	-
3.	100m Freestyle	Women	Timed Final	13 +	no entries	-
4.	100m Freestyle	Men	Timed Final	13 +	no entries	-
5.	200m Backstroke	Women	Timed Final	13 +	no entries	-
6.	200m Backstroke	Men	Timed Final	13 +	no entries	-
7.	50m Butterfly	Women	Timed Final	13 +	no entries	-
8.	50m Butterfly	Men	Timed Final	13 +	no entries	-

Schedule Session No. 2 - 17 October 2026

17/10/2026

Warmup starts after end of session 1

Session 2 starts 1h after end of session 1

9.	100m Breaststroke	Women	Timed Final	13 +	no entries	-
10.	100m Breaststroke	Men	Timed Final	13 +	no entries	-
11.	50m Backstroke	Women	Timed Final	13 +	no entries	-
12.	50m Backstroke	Men	Timed Final	13 +	no entries	-
13.	400m Freestyle	Women	Timed Final	13 +	no entries	-
14.	400m Freestyle	Men	Timed Final	13 +	no entries	-
15.	100m Medley	Women	Timed Final	13 +	no entries	-
16.	100m Medley	Men	Timed Final	13 +	no entries	-

Schedule Session No. 3 - 18 October 2026

18/10/2026 - 10:00

Warmup: 8:30 until 9:50

17.	200m Medley	Women	Timed Final	13 +	no entries	-
18.	200m Medley	Men	Timed Final	13 +	no entries	-
19.	100m Butterfly	Women	Timed Final	13 +	no entries	-
20.	100m Butterfly	Men	Timed Final	13 +	no entries	-
21.	50m Breaststroke	Women	Timed Final	13 +	no entries	-
22.	50m Breaststroke	Men	Timed Final	13 +	no entries	-
23.	200m Freestyle	Women	Timed Final	13 +	no entries	-
24.	200m Freestyle	Men	Timed Final	13 +	no entries	-

Schedule Session No. 4 - 18 October 2026

18/10/2026

Warmup starts after end of session 3

Session 4 starts 1h after end of session 3

25.	100m Backstroke	Women	Timed Final	13 +	no entries	-
26.	100m Backstroke	Men	Timed Final	13 +	no entries	-
27.	200m Butterfly	Women	Timed Final	13 +	no entries	-
28.	200m Butterfly	Men	Timed Final	13 +	no entries	-
29.	200m Breaststroke	Women	Timed Final	13 +	no entries	-
30.	200m Breaststroke	Men	Timed Final	13 +	no entries	-
31.	50m Freestyle	Women	Timed Final	13 +	no entries	-
32.	50m Freestyle	Men	Timed Final	13 +	no entries	-

Schedule Session No. 1 - FLNS Avenir Event

24/10/2026 - 8:30

Warmup: 7:30 until 8:20

101.	400m Freestyle	Girls	Timed Final	2015 +	no entries	-
102.	400m Freestyle	Boys	Timed Final	2014 +	no entries	-

Schedule Session No. 2 - 24 October 2026

24/10/2026

Warmup starts after end of session 1
Session 2 starts 1h after end of session 1

1.	100m Freestyle	Girls	Timed Final	9 - 12	no entries	-
2.	100m Freestyle	Boys	Timed Final	9 - 12	no entries	-
3.	50m Breaststroke	All	Timed Final	2018 +	no entries	-
4.	200m Backstroke	Girls	Timed Final	9 - 12	no entries	-
5.	200m Backstroke	Boys	Timed Final	9 - 12	no entries	-
6.	50m Freestyle	All	Timed Final	2018 +	no entries	-
7.	100m Butterfly	Girls	Timed Final	9 - 12	no entries	-
8.	100m Butterfly	Boys	Timed Final	9 - 12	no entries	-
9.	200m Breaststroke	Girls	Timed Final	9 - 12	no entries	-
10.	200m Breaststroke	Boys	Timed Final	9 - 12	no entries	-
11.	50m Backstroke	All	Timed Final	2018 +	no entries	-
12.	50m Backstroke	Girls	Timed Final	9 - 12	no entries	-
13.	50m Backstroke	Boys	Timed Final	9 - 12	no entries	-

Schedule Session No. 3 - 24 October 2026

24/10/2026

Warmup starts after end of session 2
Session 3 starts 1h after end of session 2

14.	100m Freestyle	All	Special Olympics	Open	no entries	-
15.	100m Breaststroke	Girls	Timed Final	9 - 12	no entries	-
16.	100m Breaststroke	Boys	Timed Final	9 - 12	no entries	-
17.	50m Butterfly	Girls	Timed Final	9 - 12	no entries	-
18.	50m Butterfly	Boys	Timed Final	9 - 12	no entries	-
19.	100m Backstroke	Girls	Timed Final	9 - 12	no entries	-
20.	100m Backstroke	Boys	Timed Final	9 - 12	no entries	-
21.	200m Medley	Girls	Timed Final	9 - 12	no entries	-
22.	200m Medley	Boys	Timed Final	9 - 12	no entries	-

Schedule Session No. 4 - 25 October 2026

25/10/2026 - 10:00

Warmup: 8:30 until 9:50

23.	200m Freestyle	Girls	Timed Final	9 - 12	no entries	-
24.	200m Freestyle	Boys	Timed Final	9 - 12	no entries	-
25.	50m Breaststroke	Girls	Timed Final	9 - 12	no entries	-
26.	50m Breaststroke	Boys	Timed Final	9 - 12	no entries	-
27.	200m Butterfly	Girls	Timed Final	9 - 12	no entries	-
28.	200m Butterfly	Boys	Timed Final	9 - 12	no entries	-
29.	50m Freestyle	Girls	Timed Final	9 - 12	no entries	-
30.	50m Freestyle	Boys	Timed Final	9 - 12	no entries	-
31.	100m Medley	Girls	Timed Final	9 - 12	no entries	-
32.	100m Medley	Boys	Timed Final	9 - 12	no entries	-